

Elevating Health Awareness through Personalized Multimodal Sensing

[building a future]

Mohammad Malekzadeh

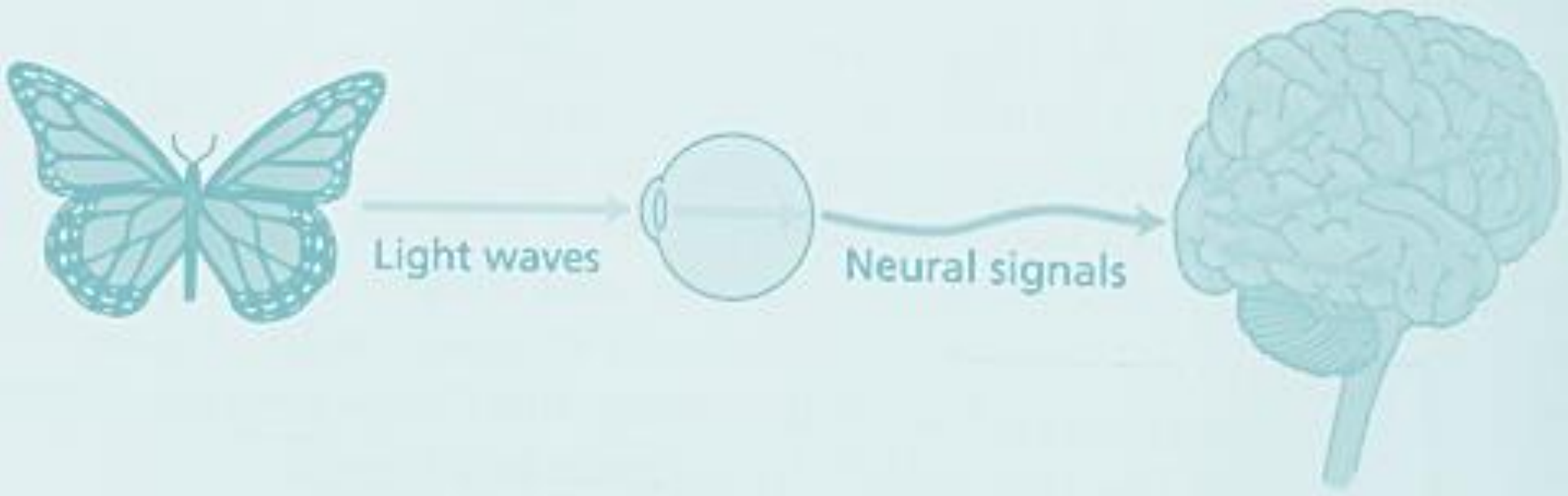
Senior Research Scientist & Tech Lead
[mmalekzadeh.github.io](https://github.com/mmalekzadeh)

NOKIA
BELL
LABS



Device
Software
Research





From **Sensation** to **Perception**

Sight, hearing, smell,
taste, touch, proprioception,
...

Memory, learning,
expectation, attention,
reflection, ...

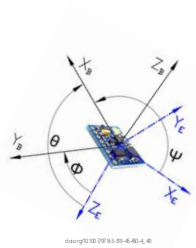
Machine Sensation



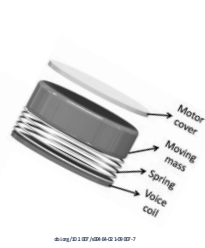
Acoustic Sensor



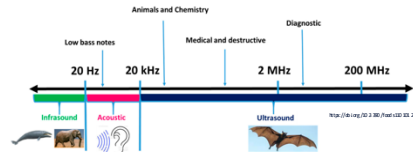
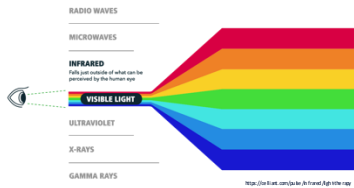
Optical Sensor



Motion Sensor



Haptic Sensor



Machine Sensation



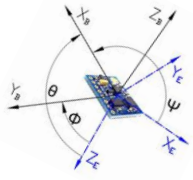
hifun.com

Acoustic Sensor



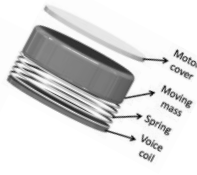
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Optical Sensor



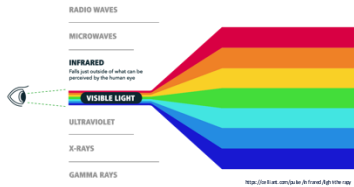
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Motion Sensor

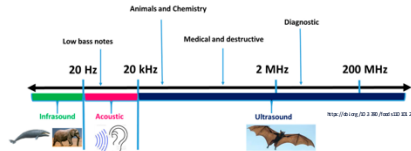


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Haptic Sensor

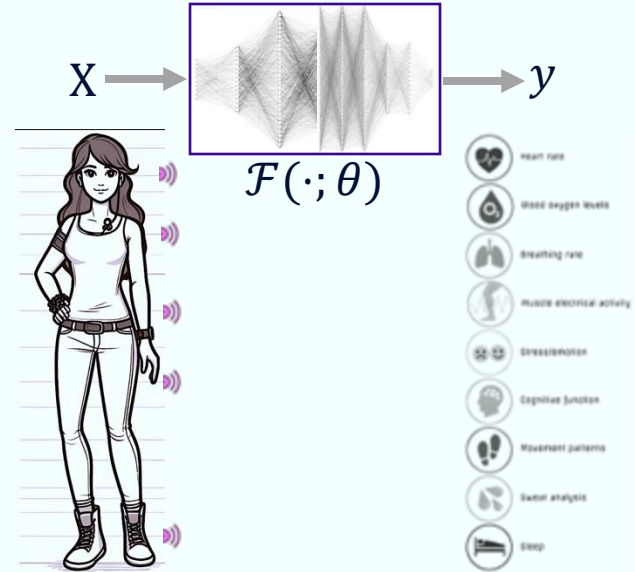


http://science.com/learn-about/light-101-101-101

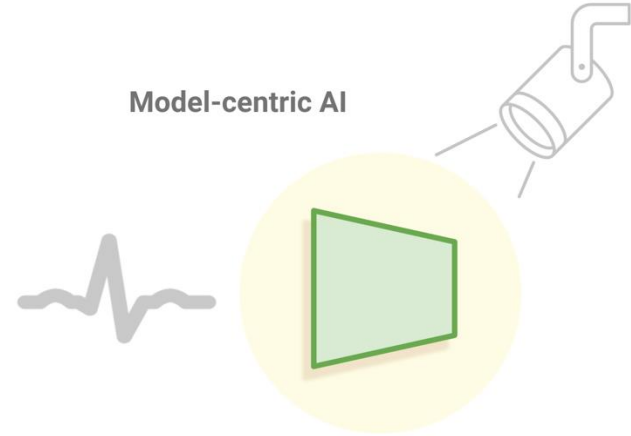
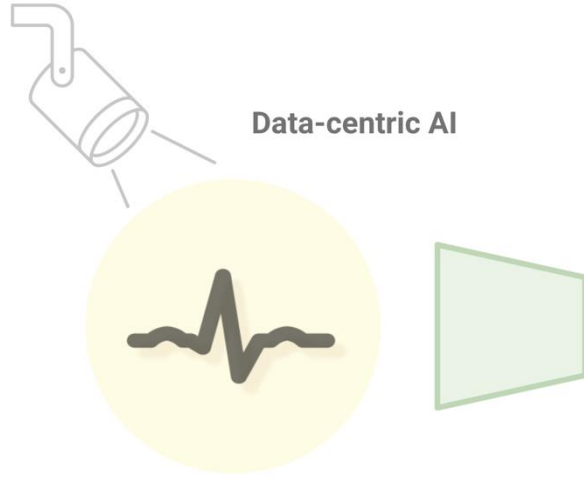


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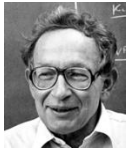
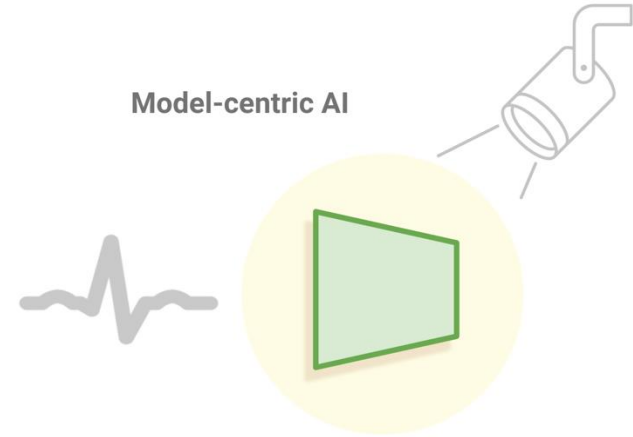
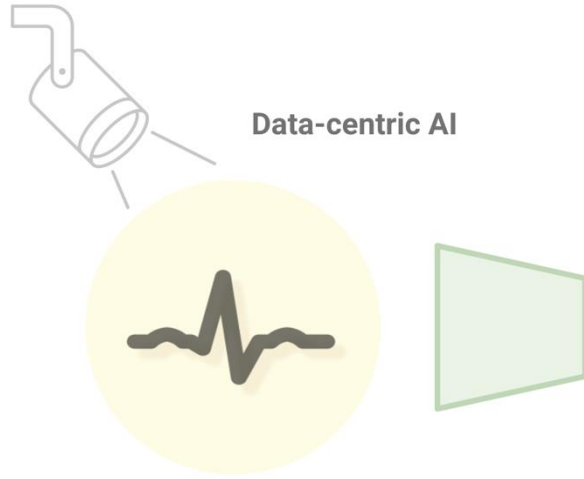
Machine Perception



Machine Learning: Data-centric & Model-centric



Machine Learning: Data-centric & Model-centric

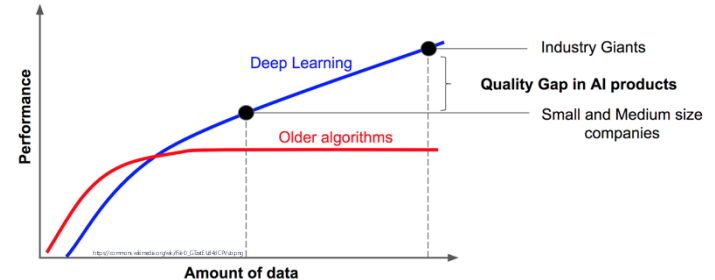


Anderson

“More is Different”

The **larger** is the **quantity**,
the more **unexpected** is the **quality**

Anderson, Peter D. "More is different: how quantity and quality are related in machine learning." Science (2022)



Labelling!



Annotation!

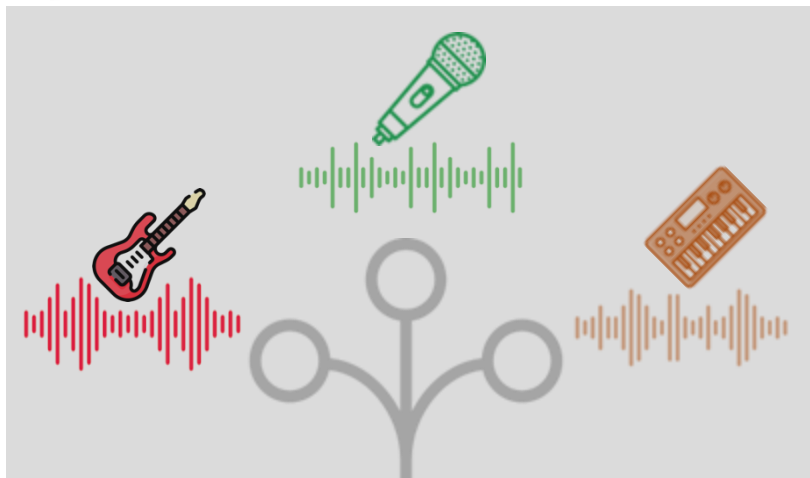
- ✓ Tree
- ✓ Bicycle
- ✓ Kid
- ✓ Female
- ✓ Male
- ✓ Family
- ✓ Park
- ✓ Green
- ✓ Outdoor
- ✓ Cycling
- ✓ Summer
- ✓ ...

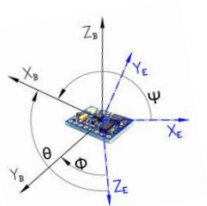


A happy family of three—parents and their young son—cycling together through a green park enjoying the outdoors in a sunny day and creating lasting memories with every ride. 🚲❤️🚲

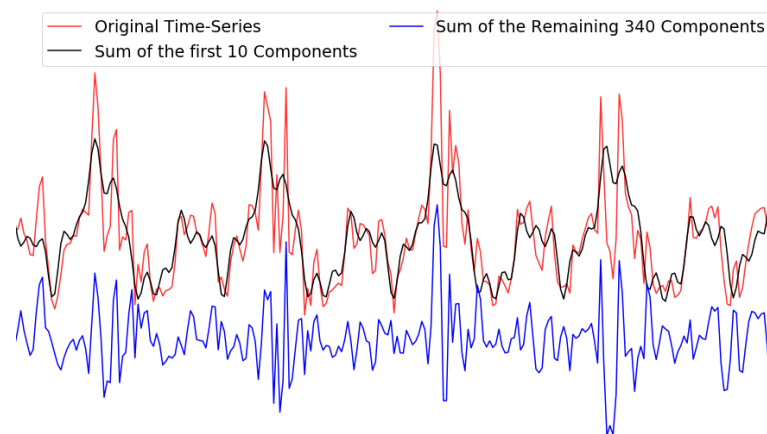
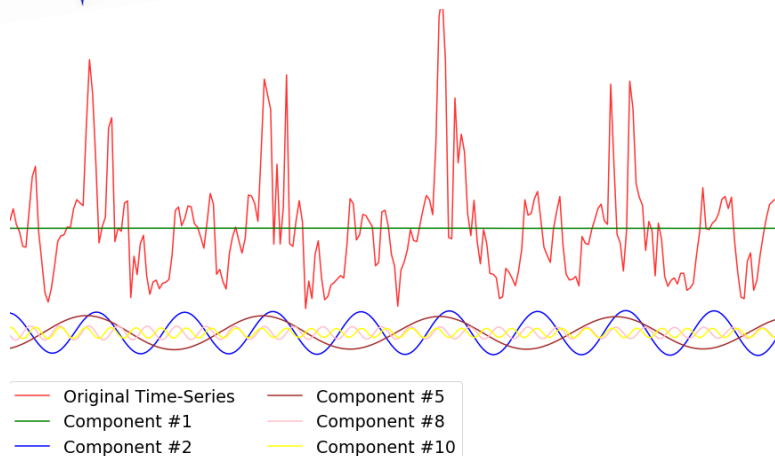


Acoustic Sensor





Motion Sensor: Accelerometer



labelling

(A) *Walking*

(B) An early thirties, tall & skinny man is walking

age

height

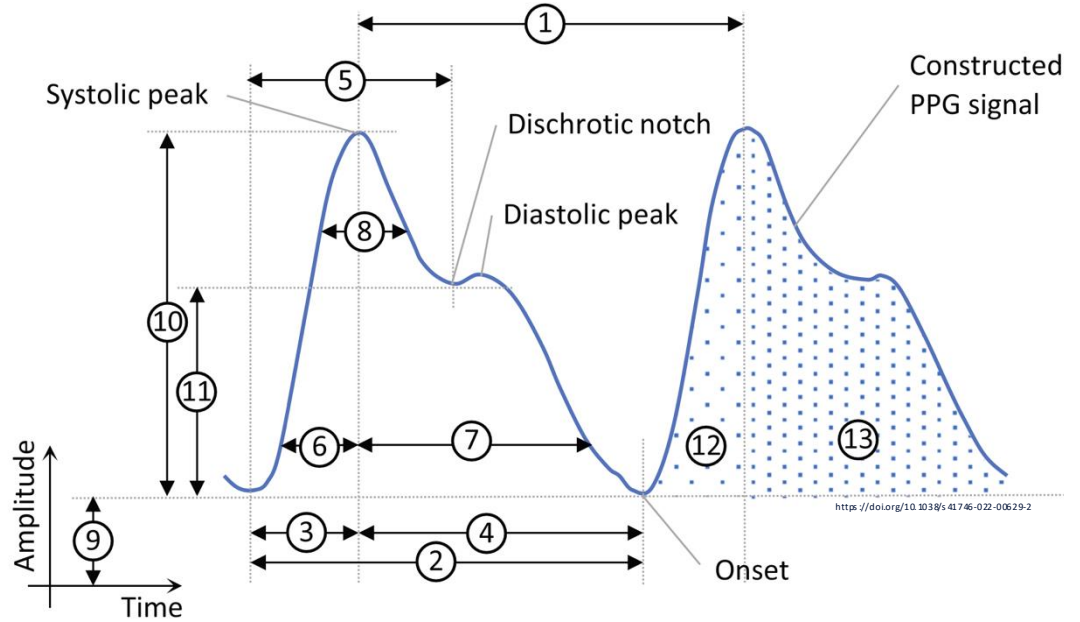
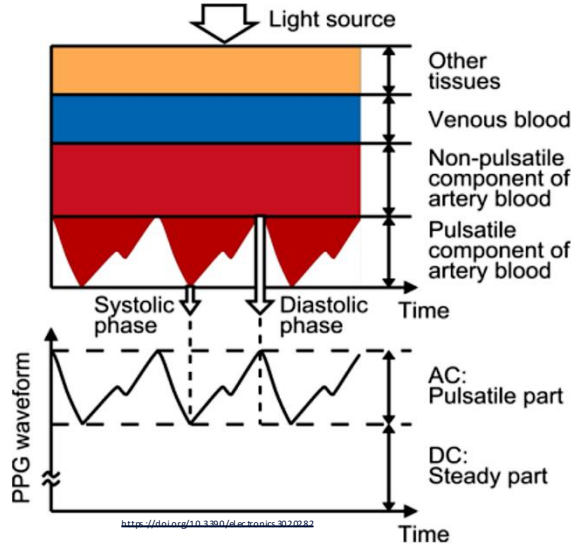
weight

gender

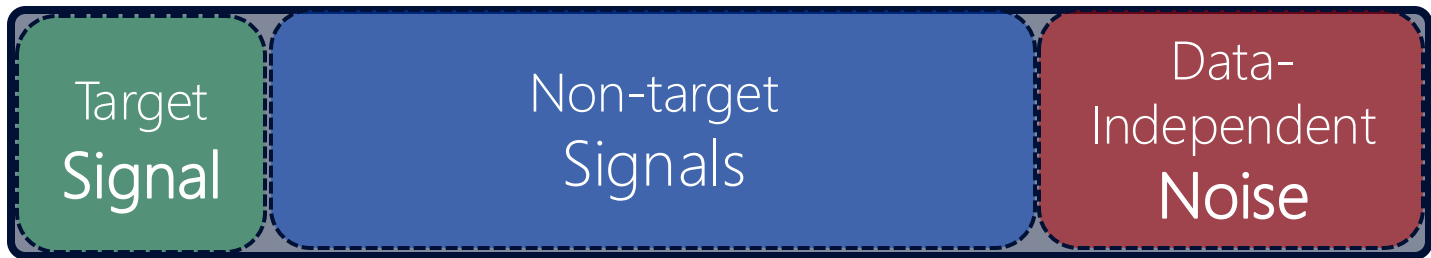
activity



Optical Sensor: PhotoPlethysmoGram (PPG)

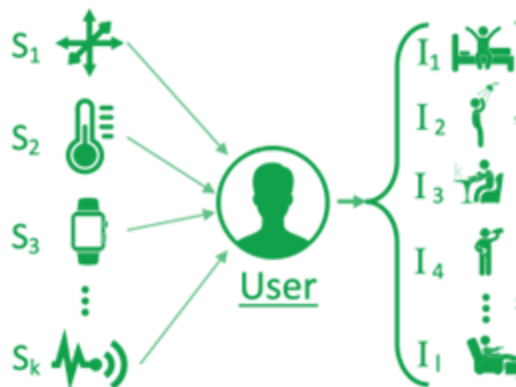


Target information in the Data



$$X \in \mathbb{R}^{t \times d \times c}$$

At each time-point, each device, generates samples coming from some channels.

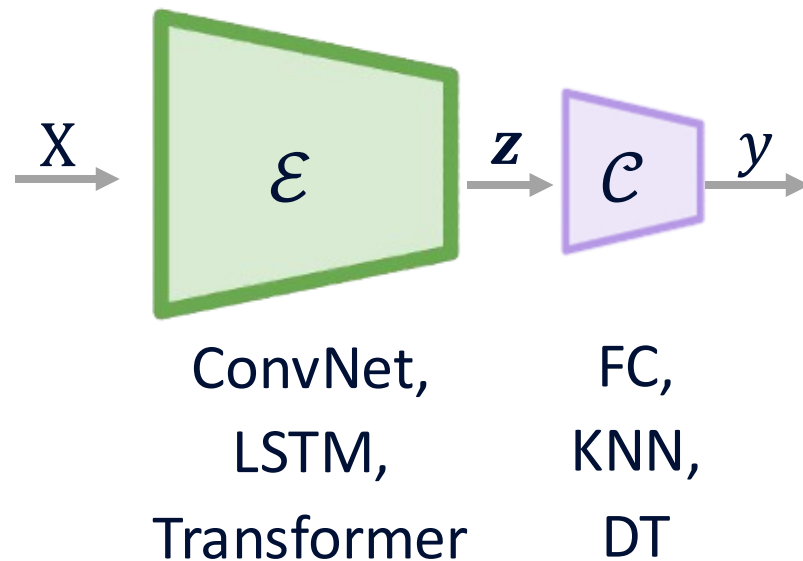
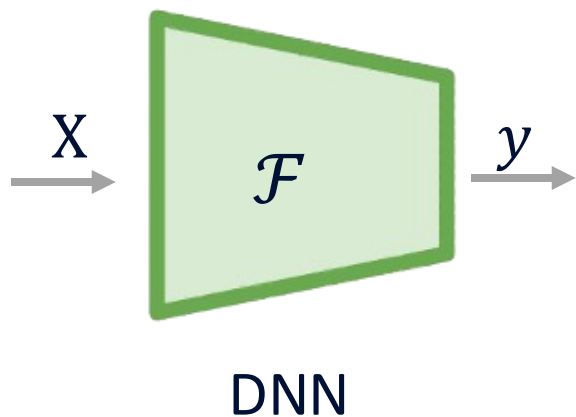


$$Y^i = \mathcal{F}^i(X)$$

Each application concerns only some specific information!

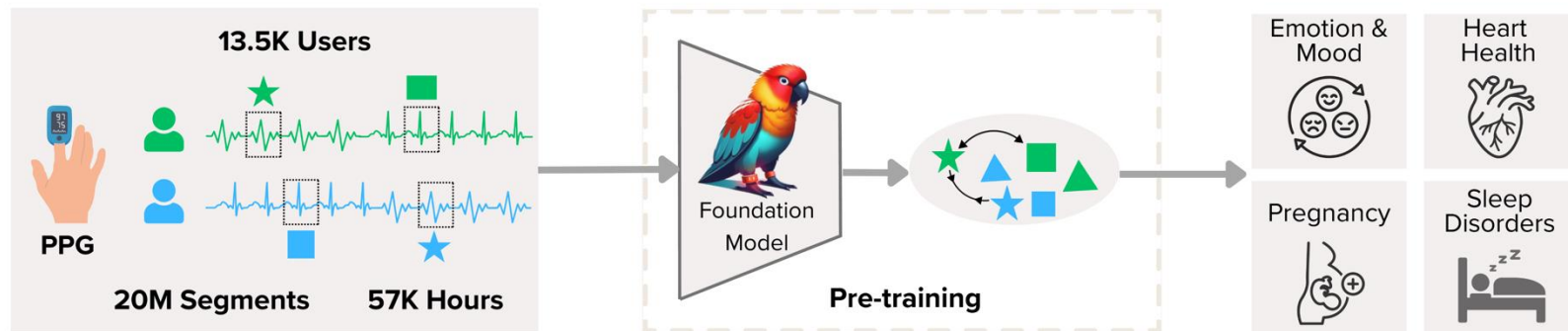
Deep Learning

an **encoder** to extract features and a **classifier** to make predictions



Learning from unlabeled PPG data

PAPA GEI: OPEN FOUNDATION MODELS FOR OPTICAL PHYSIOLOGICAL SIGNALS



Arvind Pillai^{2,*}, Dimitris Spathis^{1,3}, Fahim Kawsar^{1,4}, Mohammad Malekzadeh¹

¹Nokia Bell Labs, UK, ²Dartmouth College, USA,

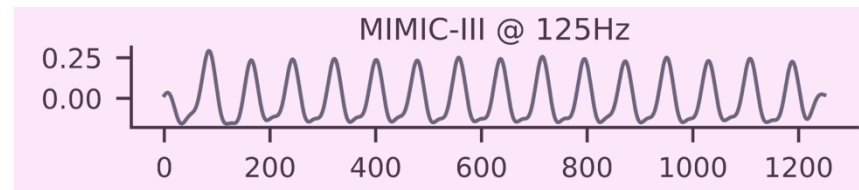
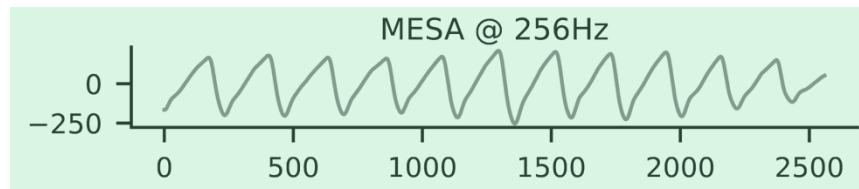
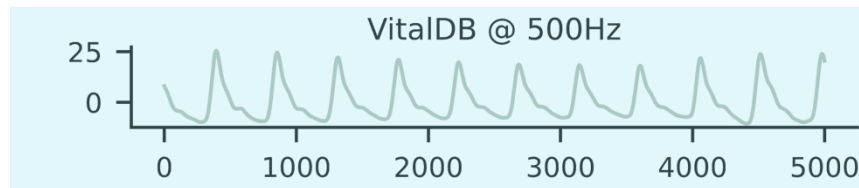
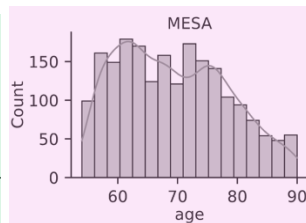
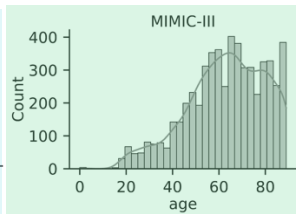
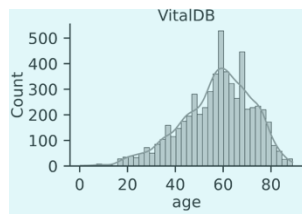
³University of Cambridge, UK, ⁴University of Glasgow, UK

<https://github.com/Nokia-Bell-Labs/papagei-foundation-model>

PPG datasets

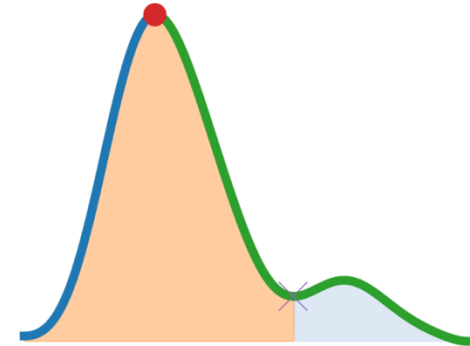
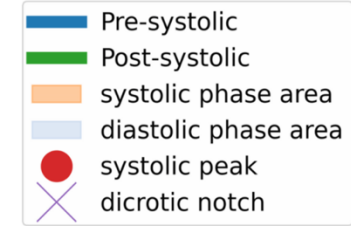
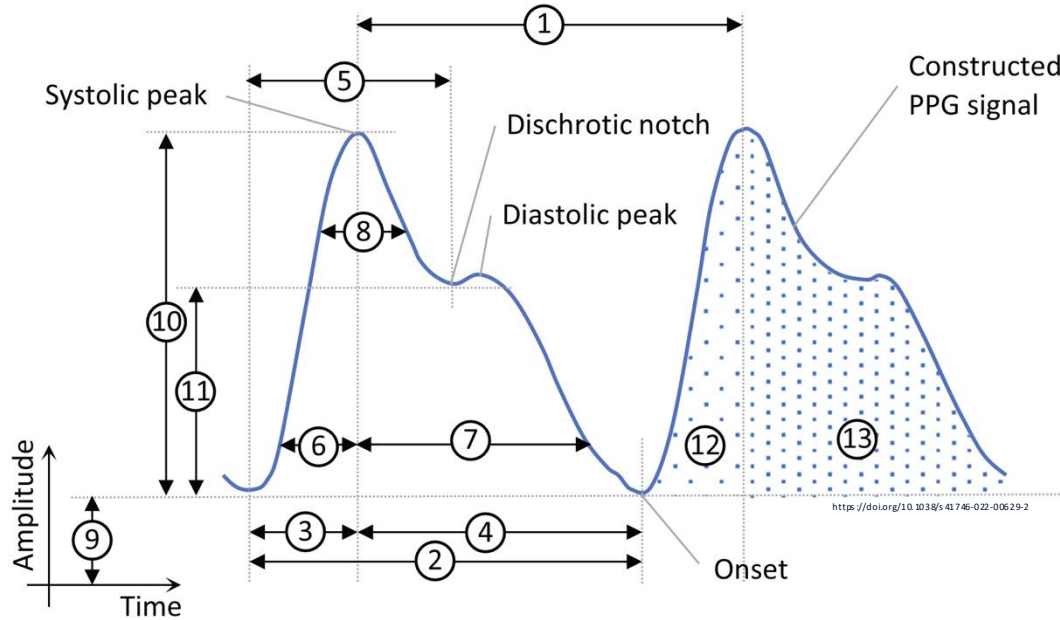
Publicly available!

Dataset	#Subjects	#Segments	Hours
VitalDB	5,866	6,248,100	17,355
MIMIC-III	5,596	7,196,401	19,990
MESA	2,055	7,306,705	20,296
Total	13,517	20,751,206	57,641



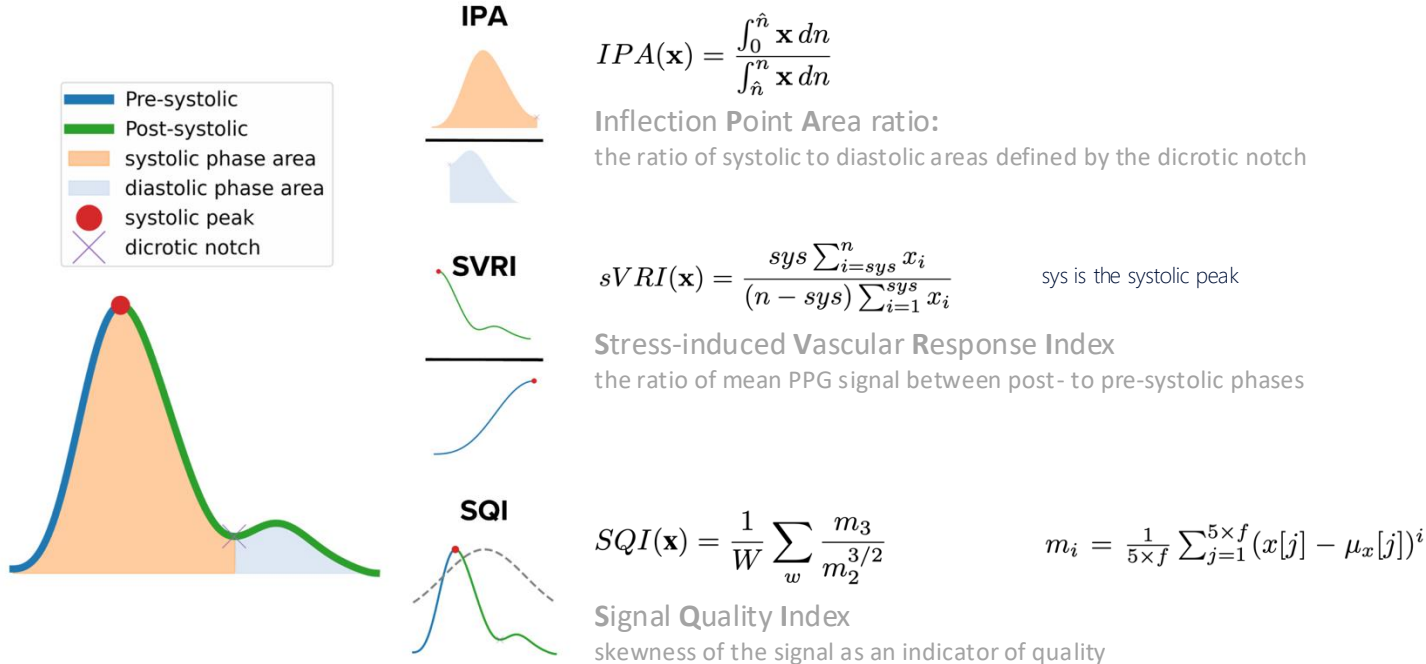
PPG characteristics

Better understanding of data for designing better models



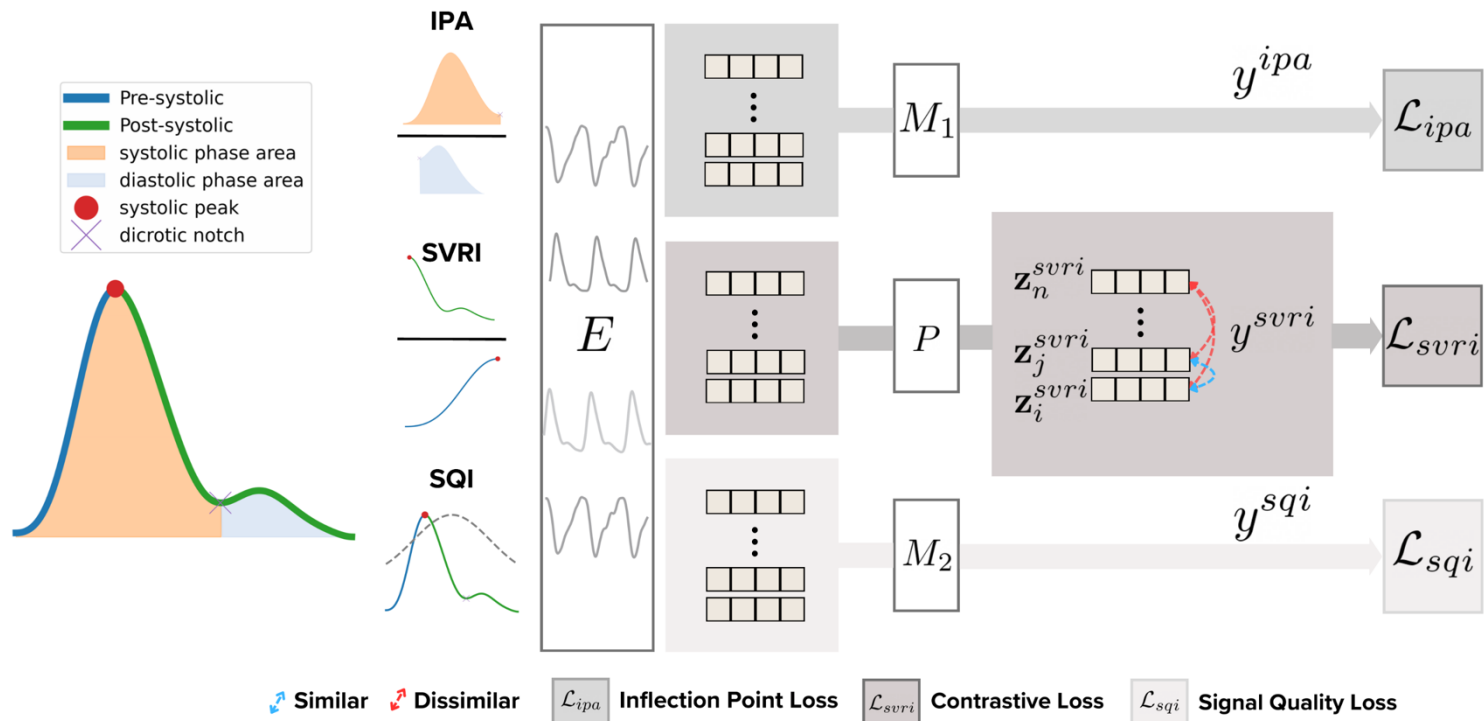
PPG characteristics

Better understanding of data for designing better models



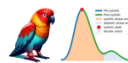
PPG characteristics





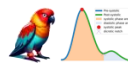
Better understanding of data for designing better models





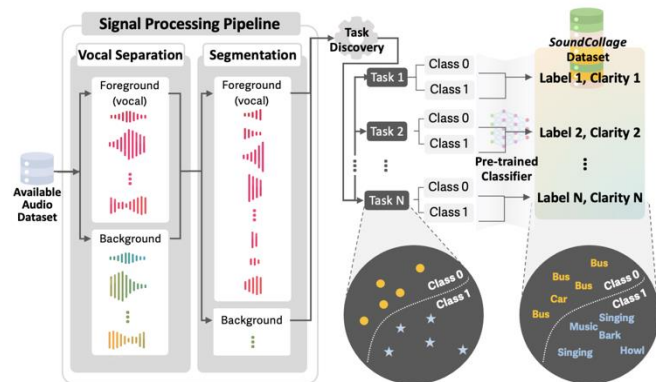
Linear Probing



	 REGLE (0.07M) (Yun et al., 2024)	 Chronos (200M) (Ansari et al., 2024)	 Moment (385M) (Goswami et al., 2024)	 PAPAGEI-P (5M)	 PAPAGEI-S (5.7M)
Classification - AUROC (↑)					
ICU Admission	0.57 [0.52-0.62]	0.73 [0.68-0.80]	0.72 [0.70-0.80]	0.73 [0.67-0.78]	0.79 [0.75-0.82]
Mortality	0.55 [0.52-0.59]	0.68 [0.65-0.71]	0.67 [0.63-0.71]	0.67 [0.63-0.71]	0.67 [0.63-0.70]
Smoker	0.54 [0.47-0.59]	0.62 [0.57-0.67]	0.62 [0.56-0.67]	0.64 [0.58-0.69]	0.61 [0.56-0.66]
Pregnancy stage	0.64 [0.57-0.63]	0.81 [0.79-0.82]	0.76 [0.74-0.78]	0.74 [0.72-0.76]	0.78 [0.75-0.80]
Hypertension	0.47 [0.34-0.58]	0.57 [0.43-0.71]	0.75 [0.64-0.85]	0.74 [0.55-0.90]	0.77 [0.68-0.87]
Sleep Disordered Breathing	0.45 [0.30-0.61]	0.58 [0.35-0.82]	0.45 [0.23-0.66]	0.54 [0.23-0.66]	0.70 [0.57-0.84]
Mood Disturbance	0.41 [0.16-0.66]	0.43 [0.21-0.68]	0.55 [0.33-0.78]	0.53 [0.27-0.78]	0.56 [0.33-0.77]
Valence	0.55 [0.52-0.57]	0.56 [0.53-0.59]	0.57 [0.54-0.59]	0.53 [0.51-0.56]	0.56 [0.54-0.59]
Arousal	0.51 [0.52-0.58]	0.57 [0.54-0.60]	0.56 [0.53-0.58]	0.58 [0.55-0.61]	0.55 [0.52-0.57]
Average	0.52 ± 0.06	0.62 ± 0.10	0.63 ± 0.09	0.63 ± 0.08	0.67 ± 0.09
Regression - MAE (↓)					
Apnea/Hypopnea Index > 3%	15.54 [14.20-16.69]	14.06 [13.05-15.16]	14.23 [13.04-15.42]	13.85 [12.43-15.49]	12.97 [11.87-14.05]
Apnea/Hypopnea Index > 4%	12.64 [11.47-13.78]	11.57 [10.51-12.72]	11.80 [10.79-12.93]	11.24 [9.71-12.87]	10.56 [9.59-11.62]
Gestation Age	7.28 [7.16-7.39]	5.69 [5.54-5.85]	6.24 [6.10-6.37]	6.40 [6.21-6.59]	6.05 [5.91-6.17]
Systolic BP (VV)	15.88 [13.67-18.36]	17.24 [14.57-20.13]	14.71 [12.38-17.29]	19.11 [16.26-22.23]	14.65 [12.50-16.78]
Diastolic BP (VV)	8.65 [7.16-10.27]	10.53 [8.91-12.19]	10.53 [8.91-12.19]	10.87 [9.10-12.98]	8.29 [6.61-10.22]
Systolic BP (PPG-BP)	16.32 [13.87-19.13]	16.91 [13.31-19.34]	14.50 [11.98-17.31]	13.60 [10.65-16.51]	14.39 [12.53-16.45]
Diastolic BP (PPG-BP)	9.30 [7.94-10.87]	10.26 [8.13-12.57]	9.53 [8.28-10.96]	8.88 [7.33-10.76]	8.71 [7.18-10.01]
Average HR	6.88 [5.81-8.12]	8.51 [7.05-10.07]	4.41 [3.48-5.48]	3.47 [2.74-4.32]	4.00 [3.34-4.67]
HR	16.35 [16.20-16.50]	9.65 [9.50-9.79]	8.82 [8.68-8.96]	10.92 [10.80-11.04]	11.53 [11.40-11.66]
Average	12.09 ± 3.83	11.60 ± 3.60	10.43 ± 3.46	10.92 ± 4.25	10.12 ± 3.47

Learning from unlabeled Audio data

SoundCollage: Automated Discovery of New Classes in Audio Datasets

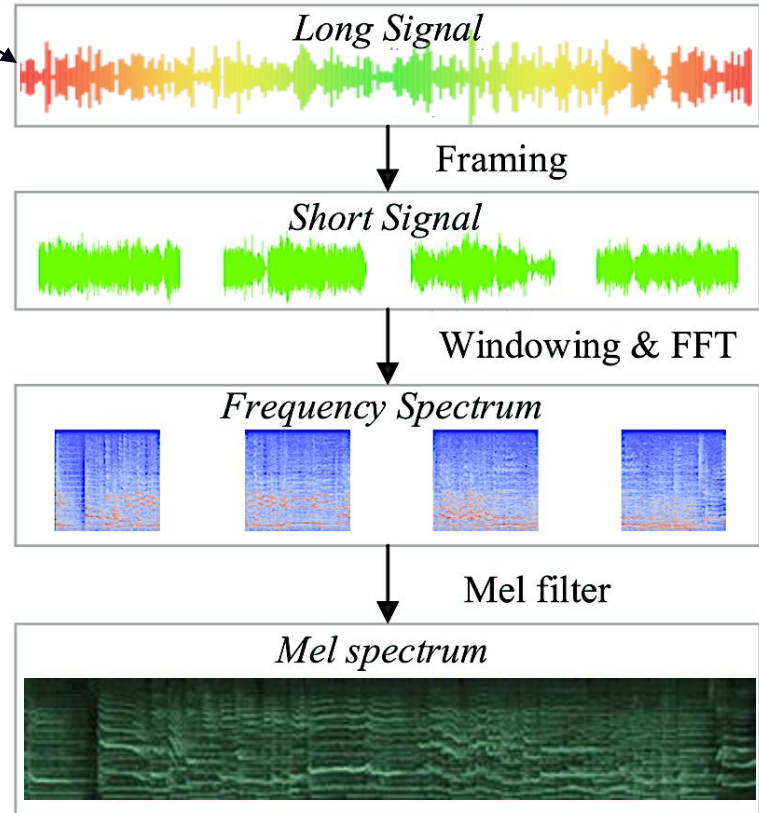
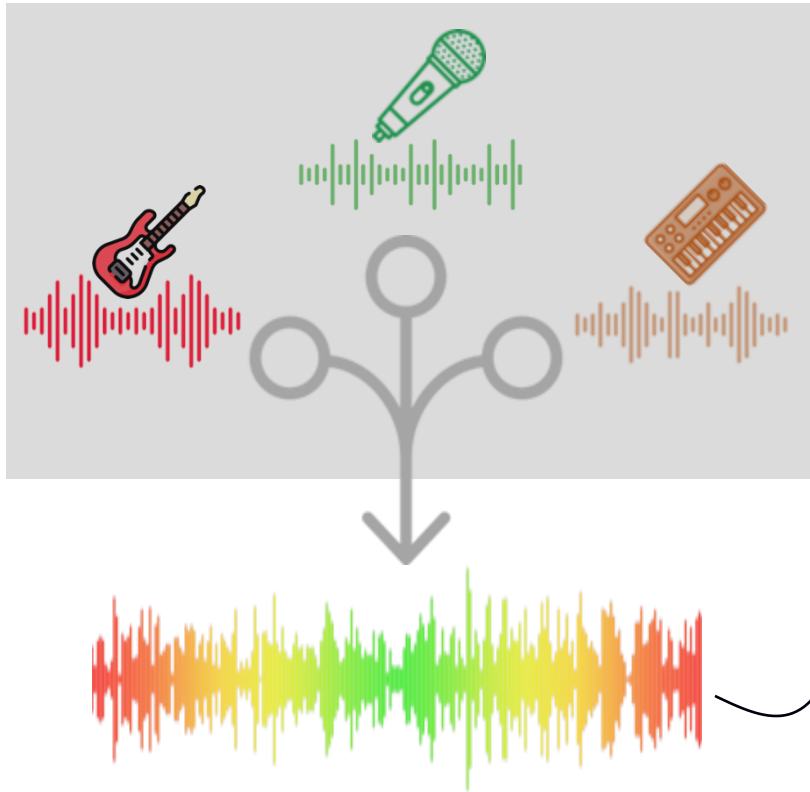


Ryuhaerang Choi^{*†}, Soumyajit Chatterjee[‡], Dimitris Spathis[‡], Sung-Ju Lee[†],
Fahim Kawsar^{‡§}, Mohammad Malekzadeh[‡]

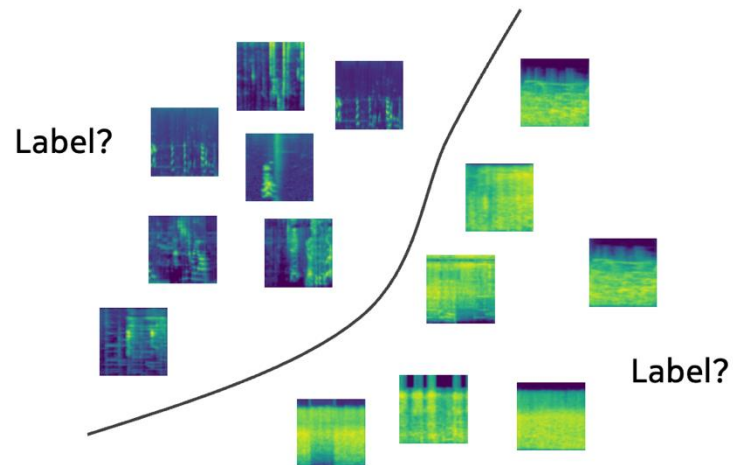
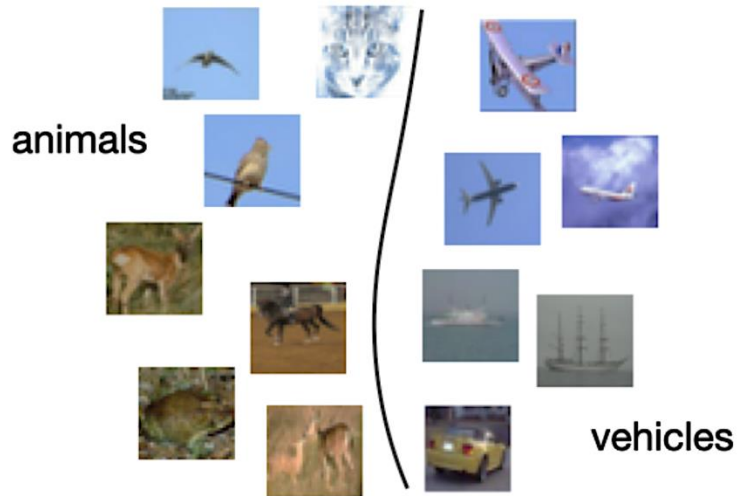
[‡]Nokia Bell Labs, Cambridge, UK [†]KAIST, South Korea [§]University of Glasgow, UK

<https://github.com/nokia-bell-labs/audio-class-discovery>

Audio to MFCC



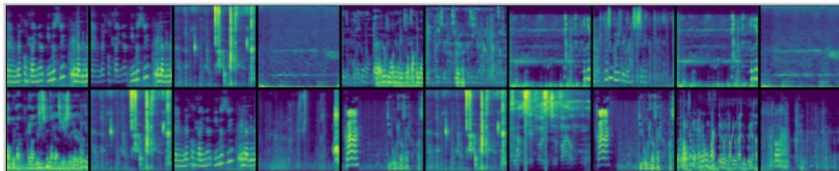
Annotating MFCC?!



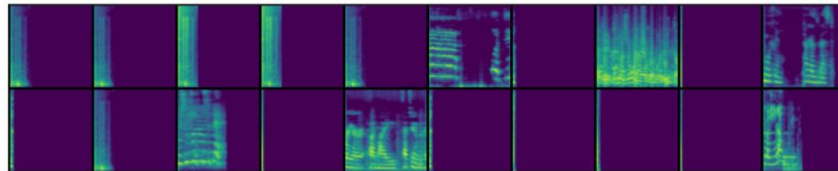
Annotating MFCC!

Singing

label= 1

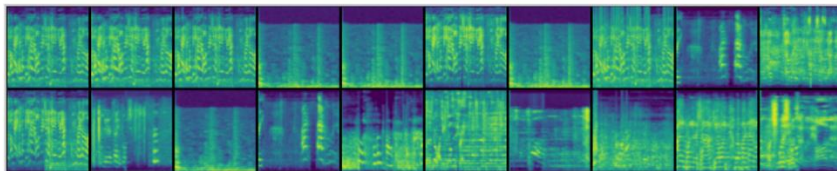


label= 0

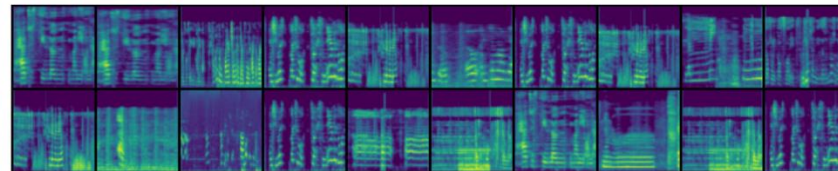


Inside a hall

label= 1



label= 0

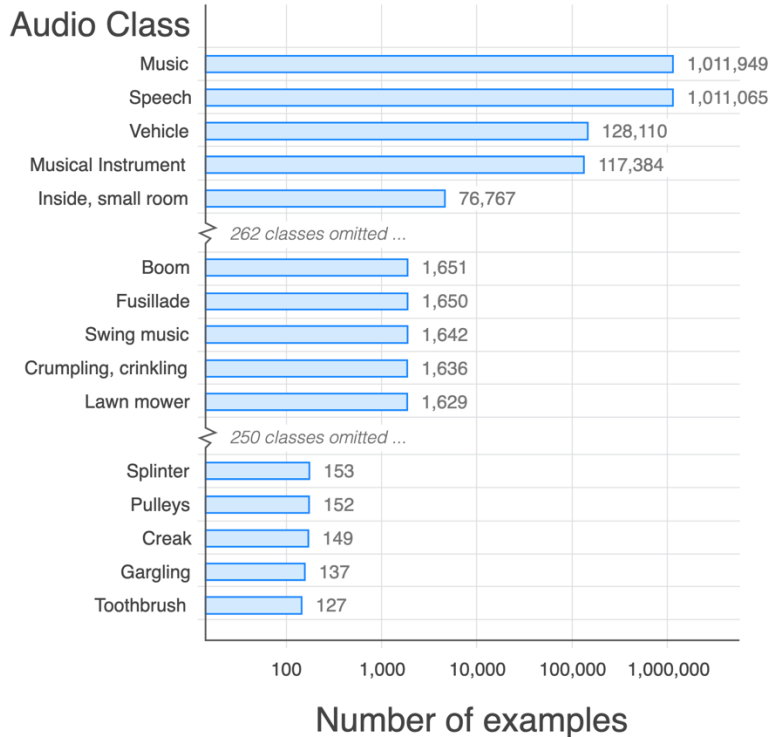


In-the-wild Audio

{ |||| } AudioSet

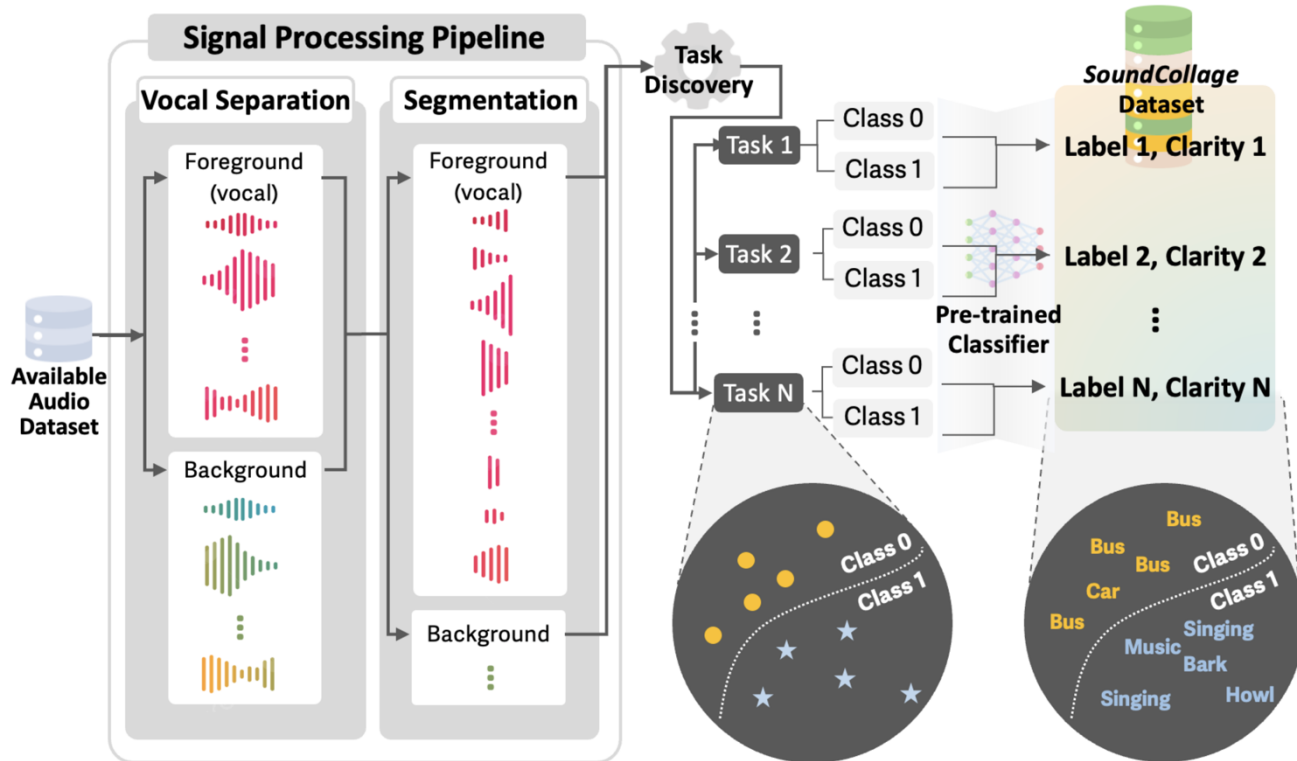
5.8 thousand
hours of audio
2.1 million
annotated videos
527 classes
of annotated sounds

<https://research.google.com/audioset/>

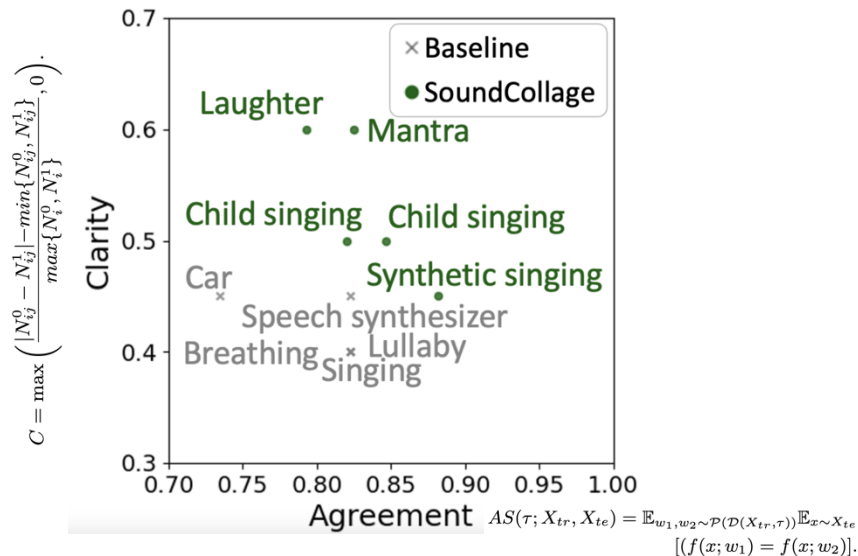


SoundCollage

Automated Discovery of New Classes in Audio Datasets



Class Discovery



Original	System	Acc (%)	Prec (%)	Rec (%)	F1 (%)	Label
Speech	Baseline	51.8 ± 4.6	51.7 ± 4.8	51.8 ± 4.6	51.4 ± 5.0	Speech synthesizer
	Ours	75.6 ± 13.0	77.7 ± 14.1	75.6 ± 13.0	74.0 ± 13.8	Mantra
Domestic sounds, home sounds	Baseline	56.2 ± 10.8	53.7 ± 16.0	56.2 ± 10.8	54.1 ± 13.4	Laughter
	Ours	90.9 ± 5.3	91.1 ± 5.2	90.9 ± 5.3	90.9 ± 5.3	Inside, large room or hall
Outside rural or natural	Baseline	62.2 ± 19.7	63.1 ± 21.4	62.2 ± 19.7	59.3 ± 21.1	Silence
	Ours	91.6 ± 4.2	92.1 ± 4.8	91.6 ± 4.2	91.2 ± 4.6	Musical instrument

Takeaways!

- ✓ **Balanced Approach:** Effective solutions in human sensing require both model-centric and data-centric approaches for optimal compute efficiency and model accuracy.
- ✓ **Challenges of Data Labeling:** Due to the sensitivity and complexity of health data, labeling is often impractical or cost-prohibitive.
- ✓ **Unlabelled Data Learning:** Learning from unlabelled data is essential, as it enables us to build meaningful feature representations without needing extensive labeled datasets. Robust feature extractors allow limited labeled data to support accurate classifiers, enabling effective model training with minimal labeling.
- ✓ **Automated Pipelines for New Insights:** Combining domain expertise with machine learning in automated workflows helps unlock new insights from existing unlabelled datasets. Large-scale, unlabelled data sources (like PPG and Audio) can be leveraged to develop innovative solutions.

We are building multi-sensory device platforms that learn, infer, and augment human behavior and health awareness.

For Research Scientists and PhD interns

we have opportunities

Mohammad Malekzadeh

Senior Research Scientist & Tech Lead
[mmalekzadeh.github.io](https://github.com/mmalekzadeh)

**NOKIA
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Device
Software
Research

